

Do you experience your **life situation as stressful?**

Are you going through a **difficult separation or divorce?**

You **experience physical/ psychological/ sexual violence** and are looking for **protection and/or advice?**

You are **unintentionally pregnant?**

You have questions about **sexuality** and your **relationship with your own body?**

You experience **discrimination based on your sex or gender?**



PRISMA - center for counseling, victim protection and sexual health

Anyone can find themselves in a difficult situation during their life and needs help.

Objective contact persons as well as professional support can help to find a way to deal with a stressful situation or to overcome difficulties.

The counselling offer is targeted at adults, young people, female, male or diverse, at individuals and couples as well as women and their children for protection and accompaniment in the women's shelter.

All staff members are bound by the duty of confidentiality.

The consultations are confidential.


The COUNSELLING offers



-  Individual psychosocial counselling
-  Sexual and couple counselling
-  Counselling for unwanted pregnancies
-  Trauma therapy
-  Legal advice in family law
-  Ambulant support in cases of domestic violence





CONTACT

-  087 74 42 41
-  kontakt@prisma-zentrum.be
-  Secretariat:
Mon-Fri : 09.00-12.00
& Wed 13.00-17.00

-  Consultations take place by appointment through the secretariat. Consultation fees are linked to income.


The WOMEN'S SHELTER offers



-  Protection and shelter for women and children
-  Legal, administrative and psychosocial support
-  Support in daily life
-  Help after leaving the women's shelter

CONTACT

-  087 55 40 77
-  frauenhaus@prisma-zentrum.be
-  Phone available
Mon-Fri 09.00-12.00
& Sat 15.00-18.00

-  Appointments can be made by phone or email .